



# Mashed potatoes with mustard seeds and sausages Serves 3

## Ingredients

tsp yellow mustard seeds
salt
g sliced bacon
tsp oil
leaves of endive salad

800 g floury potatoes1 pinch of whole caraway200 ml milk2 tbsp cold butterfreshly grated black pepperfreshly grated nutmeg

14 Original Nuremberg Rostbratwurst sausages ½ tsp oil

# Directions

Cook the mustard seeds in salted water for about 20 minutes until soft, drain through a sieve and rinse with cold water. Cut the bacon slices into cubes and fry with oil in a frying pan at medium heat until crispy, drain on kitchen paper. Wash the endive leaves, drain and cut into fine strips.

Cook the potatoes in salted water with a pinch of caraway seeds until soft, peel while still warm and then press through a potato press. Mix with the hot milk, stir in the butter and mustard seeds with endive and bacon and season with salt, pepper and nutmeg.



Heat a pan at medium temperature, coat with oil using a brush and fry the sausages on both sides until golden brown. Drain on kitchen paper.

Arrange the mashed potatoes with the sausages on warm plates.

Enjoy your meal!





# Nuremberg Rostbratwürste

#### The art of barbecuing

<u>Want to barbecue your HoWe original Nürnberger Rostbratwürste sausages?</u> Here's how: kindle a decent-sized flame and let it burn down to embers before barbecuing anything on the grill. If you start barbecuing the sausages too soon, there's a risk that they might burn or that the dripping fat could cause the heat to distribute unevenly. Ideally, place a fine-mesh wire grill over the normal grill to ensure that the HoWe original Nürnberger Rostbratwürste cannot fall into the embers. Using tongs, turn the sausages several times until they are crispy brown on the outside and cooked through but still tender. Tip: Fry the sausages for longer on a lower heat and turn them several times to experience the full HoWe original Nürnberger Rostbratwürste taste.

## The art of frying

Want to fry your HoWe original Nürnberger Rostbratwürste sausages? Here's how: heat 2 tbsp highquality oil in a medium-sized pan on a medium-to-high heat to ensure that the sausages don't stick. To test whether the oil is hot enough, add a drop of water: if it hisses, it's the perfect temperature. Before you put your HoWe original Nürnberger Rostbratwürste into the pan, turn down the heat. The above tip applies here too: it's best to fry the sausages for longer on a medium heat and turn them several times until they are crispy brown on the outside and cooked through but still tender on the inside. This ensures that the precious ingredients retain their full flavour. Now combine your barbecued or fried HoWe original Nürnberger Rostbratwürste with your favourite side dishes; the possibilities depend entirely on your personal taste. Bon appétit!